

Pre-Operative Instructions

Guidelines for outpatient surgery under intravenous sedation or general anesthesia.

- 1). **DO NOT** take any solid food or fluids of any kind (not even water) eight (8) hours prior to the time of scheduled surgery.
- 2). The patient must be accompanied by a responsible adult who will arrive with the patient, drive him/her home and stay with the patient until fully awake.
- 3). Contact lenses, eye and facial make-up, lipstick, nail polish, etc. must NOT be worn.
- 4). Please wear a short sleeve shirt or blouse that allows access to the elbow area for IV sedation.
- 5). **NO SMOKING** or other tobacco on the day of surgery prior to your appointment.
- 6). If a prescription for pills or other medication is given to you to take prior to arriving at the clinic, please take these as directed with only a sip (one teaspoonful) of water.
- 7). If symptoms of a common cold (sore throat, runny nose, fever, chills, cough) or other illness develop prior to the day of surgery, please notify us immediately so your surgery can be rescheduled for another day when you are better.
- 8). Insurance coverage will be investigated at your preoperative appointment. Your estimated co-payment will be determined and payable prior to the procedure. Methods of payment are checks drawn on local banks, debit cards, credit cards (Visa, MasterCard, American Express and Discover) or cash.